



Shotokan Fudokan Karate-do of Northern Virginia Presents:

Soke Ilija Jorga



September 19-22, 2025

(Friday evening, Saturday/Sunday afternoons)

OneLife Fitness

5115 Leesburg Pike

Falls Church, Virginia USA 22041

Save
The
Dates!



Sensei Vladimir Jorga
(1939-2024)

Join us for a weekend with
Soke Ilija Jorga, 10 Dan,
founder of Fudokan karate, as
we practice together in the
tradition of our annual
summer camps in special
memory of
Sensei Vladimir Jorga



Soke Ilija Jorga, 10 Dan

Fudokan Karate-do was established 1980 as a result of many years of sporting practice and scientific research by Professor Doctor Ilija Jorga. The Fudokan philosophy stems from Shotokan with its fighting style inspired by the movements of the Eagle and Lion.

The Eagle is represented using circular blocks speed and elegance, jabs with the finger tips, use of the empty hand, elbow swipes, use of abrupt changes to the direction of movement, and strong firm pressure techniques on vital body points. The Lion, on the other hand, symbolizes strength and sturdiness, and is represented by blows with the knuckles and closed fist, lunges with the base of the hand and firm blocks with the elbow, and throwing and choking techniques.

Sensei Jorga will present Fudokan and Shotokan techniques, as well as teach the various applications of the kata.

For More Information & To Register (Limited space! Enroll early! First come, first enrolled.)

Send us an email to novashotokan@outlook.com. ALWAYS include your name, email address, and complete telephone number so we may contact you or confirm your attendance. Enroll by June 30th, and save on the camp tuition fees! Children, ages 7-16 at green belt level and above, are invited to attend.

More event details will be released soon, please send an email for more information. Workshop times are: Friday, September 19, 2025 at 7:30-8:45 pm; Saturday, September 20 at 1:30-3:30 pm and Sunday, September 21 at 1:00-3:00 pm.

Hotels: Please check www.hotels.com and search near One Life Fitness at 5115 Leesburg Pike, Falls Church, Virginia 22041 (near Washington, D.C.) Two nearby options of hundreds in the area include:

- [Homewood Suites by Hilton Alexandria / Pentagon South](#) 4850 Leesburg Pike Alexandria, VA, 22302, 1-703-671-6500
- [Hampton Inn Alexandria/Pentagon South](#) 4800 Leesburg Pike Alexandria, VA, 22302, 1-703-671-4800